

# 精靈寶庫 (M:) Drive

Mobile Van for Publicity Service on Mental Wellness



## ♥ Purpose

We believe that gathering mental wealth will help deal with emotional challenges in daily lives. '(M:) Drive' hopes to pursue mental wealth with the general public. Together, let's explore useful tips and community resources on mental health.

## 📍 Service Region

- Hong Kong Island - Central & Western District, Southern District, Eastern District and Wan Chai District
- Islands District

## 👤 Target Service Users

- The general public
- Specific target groups (such as students, helping professionals, elderly, etc.)
- Persons having mental health needs

## 🇺🇸 Nature of Service

- Exhibitions and experiential activities in different places
- Collaboration with other service units or sectors on the promotion of mental wellness
- On-site counselling, mental health assessment, and short-term intervention

## 🎯 Objectives

### W Way Out

To promote mental health skills and tips to strengthen stress resistance

### E Enrich

To establish proper understanding and attitudes towards mental health

### A Aware

To raise the awareness of gathering mental wealth

### L Links

To collaborate with various units to promote mental wellness

### T Together

To enhance social inclusion and increase the public's acceptance towards persons in recovery

### H Hope

To encourage positive help-seeking attitudes/behaviours and arrange referrals for the persons in need

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# Put yourself first!



聖雅各福群會  
St. James' Settlement

## ✓ Entry and Exit of Service Users

- The public is welcome to attend our activities and programmes freely
- Mental health assessments and short-term social work intervention will be available when needed
- The case will be closed upon stable condition of the user or successful referrals. The user could also withdraw from the service at any time.
- Service charge: Free

## 🕒 Service Hour and Locations

Our service will be provided in various sessions and locations. For details, please refer to our Facebook or Instagram page.

Scan me! →



Facebook Instagram

## Contact and Enquiry



WhatsApp/Tel :



5989 5062 (Street Counters & Workshops)  
5622 3800 (Emotional Support & Group Bookings)



Fax: 3104 3647



Email: [mdrive@sjs.org.hk](mailto:mdrive@sjs.org.hk)



Office Address

13/F, SJS Jockey Club Social Services  
Building, 100 Kennedy Road, Wan Chai

Service time	Mon	Tue	Wed	Thu	Fri	Sat	Sun/ Public Holiday
10:00-14:00	> ☺ <	☺		☺	☺	> ☺ <	
14:00-18:00	> ☺ <	☺	☺ (13:00)	☺	☺	> ☺ <	
18:00-21:00			> ☺ <				

\* on-demand services

